<u>3 Monkeys</u>

Hierarchy We exist to break hierarchy and speak truth to power. But sometimes we just want to facepalm no one is talking separateness no one listening shutting down people arguing, aggressively about how caring they are. ears covered eyes covered mouth covered tokenistic garlic For the vampires hear no evil, see no evil, speak no evil



Learning Journey Listen to each other It is really important Pulling my ears out Not just hearing voices On a learning journey A new concept Knowing you don't Know everything, A journey.... new stuff Thoughtful Shaking hands Collaboration, Cooperation, Share an idea Working together **Active Listening** My way of engaging With new people, See what they are Passionate about Being enthusiastic About the journey Learning from people Able to be nimble To respond to challenges Learning is ongoing

More than words

Sometimes, it can be difficult to facilitate, trying to get other people to do your job... But when everyone is learning from everyone else, people speaking, with different angles and views co-producing together, The outcomes can become quite clever. Coproduction is not just a buzzword It's important, an investment, Got to get it right, with people, for people. Time for an honest conversation, For, without the person in front of you, you have nothing.

Systemic First Aid

Watching a car crash frustration, stress, disappointment Not so much listening happens. People not listening to each other is really difficult to counter, A broken finger can we talk about it? do we want to talk about it? we do want to listen, but Not so much listening is happening making sure people don't feel compelled to share trauma or difficult instances unless they are feeling safe. legitimacy it's linked to the poetry its all an oxymoron to me looking at what we already know **Celebrating Difference** social acceptance

The Other & Us

Try to encourage people to have courage To become more involved in wider networks and projects **Regional and local** whenever possible. People travelling out of their schemes To try something different, then see things different. The way they lit up and engaged, Forming ideas with the bigger initiative... It's about the people Not us or our project It can be difficult seeing the bigger picture where people have their 'other groups' Stop working in silos. Widening people's World Can overcome a lot of barriers.



What is Learning?

Errrrrmmmmm Learning is a rejection of Folly The acquisition of knowledge Through, endeavour

A bit uncomfortable Sometimes unlearning What you know or Have been taught

Bi Polar Odyssey Transitioning from Formal education into real life.

Learning is Growth It is vulnerability Curiosity A stretch.