

## What is needed?

- Being truly listened to
- More empathy
- True actions and feedback
- More knowledge
- Better aftercare
- Funding for the right reasons
- Person centred support
- Creative story telling
- Coalition- Not a programme that is funding dependent
- Simple language
- Impact
- Confidence building
- A two-way street- it should benefit individuals and the system
- Payment for time
- Giving people a chance
- Building relationships and creating passion

## What needs to stop?

- Going in circles
- Tick box exercises
- Looking at the label rather than seeing the person
- Work arounds of the system
- Jargon
- Making assumptions
- Relying on technology vs personal interactions

## What next?

- Collate the information into Bite sized chunks
- Promo material- how are we going to get the information out there
- Peer review process of opportunities to ensure accountability
- Bring all the groups together- more connection across groups
- Create a GM wide coproduction charter
- Bring all the voices together
- Big meeting- how do we ensure the right people are in the room
- Look at who is in our networks to learn from- communicate this and invite them to spaces
- Prioritisation- who decides
- Where to find information to help people